

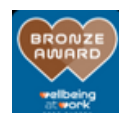


Supporting children,
young people and families

ANNUAL REVIEW 2024/ 2025



CREATING SPACE WHERE CHILDREN, YOUNG
PEOPLE AND FAMILIES ARE INSPIRED AND
SUPPORTED TO FLOURISH



CHAIR'S REPORT

This has been a very challenging year financially as with every charity to 'make ends meet'. We are extremely fortunate to have a brilliant team here at FSN who continue to be really successful in applying for grants, delivering our services, reaching out into the communities we serve, working with other agencies, charities and local authorities ensuring that FSN has a secure future. More importantly ensuring that we continue to support those families, young people and children to find secure housing, education, training, household skills and all they need for their families. The FSN Team of Trustees, staff and volunteers look forward to the next 12 months ready to meet the challenges keeping FSN one of the key organisations working with families and young people in South East England.

I would also like to take this opportunity to thank Tracey Rose for her work as CEO over the past 8 years. She has been a huge benefit to FSN and it is thanks to her leadership that we are in such a good position currently. Sadly we had to say goodbye to her in May 2025 and she will be missed. Thankfully we have appointed Angelica McMillan in the role and she started with FSN on 11th August 2025. Personally I would like to say thank you to all the staff who have stepped in to keep FSN going in the interim period and done so excellently. We all look forward to a successful next 12 months.

Judy Rogers

CHAIR



GOVERNANCE

PATRONS:

**ANDREW BLACKMAN,
LORD LIEUTENANT, EAST SUSSEX**

**BARONESS FOOKES
OF PLYMOUTH DBE, DL**

**THE RIGHT REVEREND
DR MARTIN WARNER MA PHD**

**HONORARY PRESIDENT:
MOLLIE GREEN MBE**

CONTACTS:

**CHIEF EXECUTIVE
TRACEY ROSE**

**DEPUTY CHIEF EXECUTIVE
ANGIE JAKEMAN**

PROFESSIONAL ADVISORS:

**BANKERS
LLOYDS, 17 WELLINGTON PLACE,
HASTINGS, TN34 1NX**

**AUDITORS:
MANNINGTONS**

TRUSTEES:

**CLLR JUDY ROGERS -CHAIR
RICHARD CUFF- VICE CHAIR
JOHN FRENCH, HON. TREASURER**

**DR. ROGER ELIAS
THE REV'D. MARTIN HARPER**

**NIGEL LLOYD
GEOFF LONGMIRE
MARY OSMAN
DANIELLE SEDGWICK**

**HAYLEY THOMAS
JANET WYATT
ANNE AUSTEN**

(RESIGNED JANUARY 2025)

**SHIREEN SMITH
(RESIGNED JANUARY 2025)**

**Registered Office
66 London Road
St Leonards on Sea
East Sussex
TN37 6AS**

Charity Registration Number: 208446

FSN SERVICES FOR YOUNG PEOPLE

FSN's youth work has focused primarily in Bexhill and Rother, supporting young people who would not otherwise have access to a safe space and activities that meet their needs.

Bexhill Youth Project

As well as the delivery of youth sessions, FSN offers the opportunity for young people to gain accredited AQA modules such as cooking, fundraising, event volunteering, teamwork and building social skills.

In October 2024, the young people organised an awards ceremony to celebrate their success, including 91 awards achieved in the last year.

Youth Voice

A group of young people have worked together to co-design a consultation process for the Rother Youth Strategy. This has included pilot projects in two rural areas of Rother where it had been identified had no youth work taking place. The feedback from the work will be presented to the local Parish Councils and young people and be included in the Youth Strategy for the District.

WHY DO YOU LIKE THE BEXHILL YOUTH PROJECT?

BECAUSE ITS FUN. THE FACT IT HELPS OUR PROJECTS BECOME REALITY

HELPS YOUNG PEOPLE MAKE FRIENDS AND SOCIALISE. HELPS WITH MENTAL HEALTH

YOU LEARN HOW TO BE A PERSON



CONGRATULATIONS TA HUB TEAM

In November 2024, FSN's project supporting families living in temporary or poor accommodation celebrated being a finalist in the Children and Young People Now Awards, Supporting Families category at an event in London.

A fitting acknowledgement of the work and commitment to local families.



DRAGONFLIES 20 YEARS

In 2025, FSN will be celebrating 20 years of its flagship, Dragonflies bereavement project. Since 2005, FSN has supported over 2000 children and young people impacted by the death of a loved one and given guidance to local schools on dealing with grief and suicide.

It is with thanks to the fantastic support of local fundraisers including Out of the Blue, Smudgers Legacy and Annual Golf Days, as well as the Dragonflies Lottery that the project continues to deliver the much needed support.



Comments:

"By coming to the group I have been able to talk about my feelings and now I know I am not the only one"

FSN YEAR IN FIGURES

- **300 children accessed nursery provision**
- **394 referrals to Health Coaches**
- **266 young people accessed bereavement and mental health services**
- **125 people accessed learning opportunities**
- **114 people received dental care through Dentaaid**
- **214 people were supported by the TA Hub**
- **91 AQA certificates were awarded to young people**
- **51 families were supported by PACT**
- **50 families received support from the Family Support Worker**
- **40 families per week accessed the Pantry**
- **55 volunteers supported the work of FSN**

Mental Health and Bereavement services

Dragonflies provides a bereavement service which offers support, peer led activity and counselling from 5 years to the age of 18 and My Time offers mental health peer support for children and young people aged 5-16 years

Adult Learning

Delivering Family Learning, Community Learning and Accredited qualifications

Health and Wellbeing Hubs

Adult peer support activities, personal development courses to support mental health and volunteering opportunities

Health Coach

Working with patients referred by GP surgeries to develop and maintain healthy lifestyles

Pantry

Offering food, nappies, hygiene and cleaning products for families

TA Hub (Temporary Accommodation)

Support for families living in temporary or inappropriate housing in Hastings and Eastbourne

PACT (Parents and Children Together)

Peer support group for families with pre-school children with access to play and support

Bexhill Youth Project (BYP) and Youth Voice

A safe space for young people aged 11-18 offering a range of activities. The Youth Voice gives young people an opportunity to have their say in shaping FSN services

Early Years Specialist Family Support Worker

Offering whole family support through home visiting and telephone with advice including; weaning, sleep, child development and parenting

TREASURER'S REPORT

There was an overall deficit of £101,247 in 2024/2025, this related to Restricted Funding being spent during this year but that had been received in a prior year, in turn the total Restricted Funds reduced from £574,816 to £446,015.

Unrestricted Funds increased from £1,295,967 to £1,323,521. These funds comprise of General Unrestricted and Designated Funds including the Fixed assets of £849,993.

The Restricted Funds are monies that can only be used for specific purposes. Unrestricted General Funds are available for use for all of the Charity's activities. Some of these Unrestricted Funds have been designated for particular purposes where future expenditure is anticipated or could occur.

Our Reserves are encouraging but should not be confused with money in the bank as they primarily represent our assets, being our buildings and equipment totalling £948,620. The balance is working capital and monies in the bank, where in many instances we have received funds for future activities. As a Charity we must receive funds before expenditure is incurred.

FSN remains in a strong financial position and is committed to continuing to meet the changing needs of the Community.

John French

HON TREASURER

FINANCIAL SUMMARY

A BIG THANK YOU to all the individuals, charities, companies and other organisations who have supported our work in the past year.

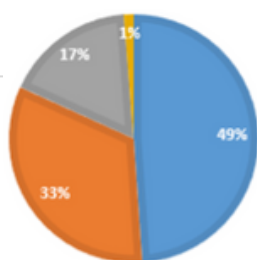
This includes contributions from:

Barclays Bank; Battle Bonfire Boyes; Bexhill Lions Club; Blooming Marvellous Florist; BMR Construction; Brede Carol Singers; Brighton & Hove Council; Centurion Management; Chalk Hill Trust; Dallington CE School; Dan Lee Golf Day; Eastbourne Downs Golf Club; Easy Fundraising; Francis & Eric Ford Trust; Hastings Lions Club; Hastings Netball Team; Hastings Old Town Carnival Association; Hastings Winkle Club; Homelands Charitable Trust; Isabel Blackman Foundation; Magdalen & Lasher Charity; MCT Solicitors, Eastbourne; MG & Classic Car Club, Rother; Mothers Union, St Marys Church, Battle; Northiam Community; Out of the Blue; Paragon Trust; Parochial Night Church; Pig in Paradise; Prospero Books; Robertsbridge Community; Rotary Club of Hastings; Smudgers Legacy Golf Day; St Lukes Church, Silverhill; Three Oaks Trust

Thank You

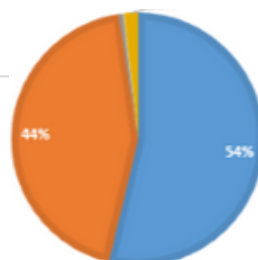
WHERE DOES THE MONEY COME FROM?

Charitable Activities	£1,422,006
Other Trading Activities	£250,958
Donations, Legacies & Grants	£89,141
Investment Income	£30,646
	£1,792,751



WHERE DOES THE MONEY GO?

Childcare Projects	£1,007,028
Family Support Projects	£853,171
Administration Costs	£9,166
Support Costs	£28,413
	£1,897,778



Full audited accounts are available for viewing on our website www.fsncharity.co.uk or by appointment at St. Nicholas Centre, 66 London Road, St. Leonards on Sea, East Sussex TN37 6AS
Tel: 01424 423683