### REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

**FOR** 

THE FELLOWSHIP OF ST NICHOLAS

Acuity Professional Partnership LLP
Unit 2.02
High Weald House
Glovers End
Bexhill
East Sussex
TN39 5ES

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# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### **OBJECTIVES AND ACTIVITIES**

### Principal activities and review of business

FSN's principal activities are based on its purpose to:

'Aim to provide effective and professional caring action without discrimination and favour for children and young people suffering the effects of poverty, disadvantage, neglect and abuse'.

Following two years of reduced and interrupted activity due to COVID restrictions, the reporting year saw a return to full delivery, both within our centres, local community venues and schools.

The impact of lockdowns on FSN did not only affect the children, young people and families seeking support, but also affected our volunteers and staff. This led to a review of how we delivered our work and the introduction of further support for staff and volunteers. FSN subsequently achieved the Wellbeing at Work accreditation through the Local Authority.

FSN's Board of Trustees committed to ensuring that staff were given the support and recognition to enable them to carry out their role in the charity. The senior management team worked with project staff to identify the challenges and to find ways to overcome them which included training, welfare support and new project ideas.

## **Summary of Service Delivery**

Although work returned to pre-pandemic levels, the cost of living crisis further exacerbated the challenges for families, not only impacting financially but adding to anxieties and poor mental health and wellbeing.

FSN saw this through the rise in referrals to the Pantry and the increased complexities of referrals to our children and young people projects. The Temporary Accommodation Hub also saw a huge rise in demand as no fault evictions were re-established and more people went into temporary accommodation or local B&Bs.

Partnership working has always been a priority for the FSN, and with the pressures on statutory services, more liaison was being done strategically to develop effective cross sector relationships leading to FSN being part of a range of initiatives, including a Universal Healthcare programme with the local Primary Care Network, Health Inequalities strategy development for the Local Strategic Partnership and as part of the Family Hubs Strategic Partnership Board for East Sussex. With a long history in Hastings and St Leonards and excellent relationships with local communities, FSN was able to share the feedback and intelligence from our work and people accessing our services.

Through this and along with the creative and inspirational staff teams, FSN has identified the need for a core offer and services which will give added value to much of our delivery in the future.

### Staff Training and Support

FSN has always valued the contribution of our staff who deliver services to children, young people and families and ensure the smooth and effective running of the charity. The investment made in training opportunities for staff to develop their skills both professionally and personally plays a key part in how FSN supports its teams.

Training attended in the last year included:

- Safeguarding (children and adults)
- First Aid (paediatric and in the workplace)
- Health and Safety (childcare, manual handling and fire marshal)

As well as specialist training including:

- Make Every Contact Count (MECC)
- Mental Health First Aider
- Supporting children with SEND

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

- Health and Safety Leadership Excellence

Along with the challenge of returning to the workplace, many staff have also faced the cost of living crisis in the last year. FSN responded by developing a welfare toolkit, giving information on both in-house support and external organisations. The toolkit covers areas such as:

- Finance
- Relationships
- Mental Health
- Physical Health

Following a staff wellbeing survey carried out in July 2022, FSN focused on three areas that had been identified as challenges by those who completed the questionnaire. These were:

- Healthy eating
- Sleep
- Training for managers to improve conversations with staff on health and wellbeing

With a review of the policies and introduction of support, in February 2023, FSN achieved the Wellbeing at Work Bronze Award from the Local Authority, one of the first charities in the East Sussex County to have achieved the accreditation.

The training, review of policies and introduction of the wellbeing toolkit resulted in a positive response to the annual staff survey regarding support given, feeling listened to and communication from management.

When asked what FSN's strengths were, staff said:

"Extremely welcoming and friendly. I feel my manager has been very supportive of me"

"Training, support from the company for personal life and work"

"Very friendly and welcoming. Always quick to praise a job well done, making you feel appreciated and valued. Team work- everyone helps everyone"

### **EARLY YEARS**

FSN nurseries continued to increase occupancy over the last year. However, recruitment was still an issue both locally and nationally due to a reduced workforce and qualifications that did not meet the statutory criteria as nurseries were unable to offer work placements during the pandemic.

To overcome some of these issues, FSN offered an in-house Level 3 Early Years Educator course and a Level 2 childcare qualification which included placement hours within our nurseries. Working closely with local Colleges FSN was able to offer placements to students. This, along with targeted recruitment, led to a successful outcome with new staff in place to meet the rising demand for places.

During the year, 314 children attended the three nurseries. Of these children:

- 69 had English as an Additional Language (22%); this was 36% at our nursery in Central St Leonards (St Nick's Nursery)
- 28 had additional needs (9%)
- 52 were eligible for the Early Years Pupil Premium (17%); this was 29% at St Nick's Nursery
- 91 were in receipt of 2-year funding (29%)
- 82 successfully transitioned to Primary school (26%)

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

As the children returned to nursery, staff observed the impact of lockdowns on their social and emotional development as well as an increase in the number of children with speech, language and communication delay. There were also children with unidentified additional needs where families had not been able to access appropriate services. In response to this, FSN allocated a degree level qualified staff member to work with staff and families in achieving individual support plans and to provide resource for outings for the children, including Forest Fun, plus supporting the development of a new sensory room for St Nick's Nursery.

### **Case Study**

A started nursery in September. The family has English as an additional language and A's older sibling is autistic.

Mum raised concerns about A's development and after carrying out observations, Mum consented to a referral to ISEND services. Working with ISEND, agreed strategies were put in place and after a follow up visit, ISEND were happy with the support and progress A made.

A is now developing well and A can now recite nursery rhymes and speak clearly to adults.

Staff in each nursery also took part in the Health Active Little Ones (HALO) programme, participating in training to promote healthy lifestyles and provide language support groups with children and parents/carers.

In the last year both St Nick's Nursery and Greenway Nursery were inspected by Ofsted and were graded Good. The inspector said about Greenway Nursery:

"Leaders are clear about the direction of the nursery's vision and have high ambition for the identified improvements. The staff feel that they are well supported and valued in their roles. They feel encouraged by leaders to further their development, which contributes to high-quality experiences for children in their care".

At St Nick's, the inspector noted:

"Staff get to know children and their individual personalities well. They understand what makes each child unique. Staff plan activities that they know will interest children. This helps all children to have a positive attitude towards their learning and to make good progress. This includes children who speak English as an additional language and those with special educational needs and/or disabilities".

All three nurseries regularly receive feedback from parents/carers and the children:

"My son started at the nursery when he was two. Once we viewed this nursery, I knew I had to look no further. Since my son has joined he has come on leaps and bounds developmentally and has formed great friendships within the nursery and with all the amazing members of staff. Such a great encouraging environment for 0-5 year olds. I recommend this nursery 110%". NURSERY PARENT

"I like playing with the toys, playing in the garden and going to forest school". CHILD'S COMMENT

### PROJECTS AND SERVICES OVERVIEW

Health and Wellbeing Community Hubs

Funded by the NHS Integrated Care Board, the FSN Hubs in St Leonards and Hollington play a key role in developing a wide range of volunteering opportunities alongside access to free courses aimed at improving confidence resilience, reducing isolation and improving employability skills.

FSN works in close partnership with the Health and Wellbeing Community Hubs in Hastings, led by Education Futures Trust and in Sidley led by The Pelham to create a consistent approach that engages with and responds to the local need.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### Volunteering

Volunteering plays a key role in the Health and Wellbeing Community Hub as it supports progression and builds confidence which has empowered some volunteers to lead voluntary peer groups including;

- Crafts for wellbeing
- Mindfulness Walks
- Computer Support
- Coffee and Chat

In these groups, over 160 hours of sessions were held and 90 participants benefitted.

One Mindfulness Walk attendee said:

### "Great to be outdoors with nature and meeting new people".

Even with the challenges for charities in recruiting new volunteers, FSN had 60 active volunteers supporting the projects and services during the year.

As part of the annual volunteer survey, volunteers told us that they had received the support when they needed it; had learned from other volunteers and staff and reported that it had made a difference to their self-confidence and developed their social and communication skills.

"It's made a big difference. My confidence and self-esteem have improved. I've made lots of friends especially with volunteers".

"It has brought me out of my shell. It has made me feel really valued as a person and part of a team. I'm more fulfilled in life".

## **FSN Pantry**

Rather than demand decreasing following the lifting of lockdown restrictions, there was a further surge due to the rise in the cost of living for many families, including the increase in rent and energy costs.

Referrals increased significantly as services returned to face to face delivery and the Pantry supported close to 500 individuals with food and household items over the course of the year. Deliveries continued to those who could not access the service and expanded into a rural area, supporting identified Ukrainian refugee families.

Parents and carers coming into the Pantry were signposted to the Warmer Homes check service over the winter period as well as advice services to support with money concerns and to help ensure they were able to maximize any benefits.

On average, 60 families per week accessed the Pantry.

### The Hub - Temporary Accommodation Project

As costs rose over the year, and no fault evictions restrictions were lifted, a growing number of families found themselves without a home and unable to secure suitable accommodation due to an increase in house and rental prices. The area has seen an increase in people from outside of the town moving in, and this has had a direct impact on the availability and cost of suitable accommodation.

Over the year, households living in temporary accommodation (TA) rose to over 400, putting pressure on Local Authority budgets and availability of accommodation.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

In the last year, The Hub:

- Supported 95 families attending
- Delivered 122 sessions
- Offered 14 outreach sessions including trips during school holidays

### Case Study

A Mum arrived at the Hub in tears as she felt that the message she had received from the Housing Officer was that if she did not take a property offered, she would be making herself intentionally homeless and lead to a referral to Children's Services resulting in her children being taken into care.

Staff gave her time to talk and be listened to, then talked to her about her options. Support was given to submit a letter with reasons why she did not want to move to the property offered and she was helped to look at the pros and cons of accepting the property if her appeal was declined.

The appeal was declined and Mum accepted the property with support from The Hub who were also able to apply for a grant from the local CAB for furniture when the family moved.

### "Emotionally supportive and approachable staff". Parent

Measuring the project outcomes.

- 100% of those who completed the assessments said that their overall wellbeing had improved
- 86% reported that they felt less anxious and isolated and their resilience had improved

The housing problems has risen across the County, and following discussions with East Sussex County Council Strengthening Families programme, The Hub at FSN was commissioned to expand delivery into Eastbourne. In quarter 4 of 2022/23, the manager started to make links with relevant agencies in the town in readiness for the new Hub in Eastbourne to open in the next financial year.

A Behavior Insight research project was also approved by the Department for Education (DfE), one of only 8 projects across the country and FSN being the only voluntary led project as part of the development of Family Hubs. Led by Sheffield Hallam University, FSN will be working with partners across sectors and with families living in temporary accommodation to identify ways to increase uptake of the services. The learning will be shared with Family Hubs across the country to support the strategy to engage families.

### **Health Coach**

Following the success of the work of the Health Coach, in the last year FSN was commissioned to employ an additional Coach by the local Primary Care Network offering support with patients referred by their GP surgery with long term health conditions such as Type 2 Diabetes, Arthritis and weight management.

The Coaches supported 133 patients either through 1:1 sessions, workshops and peer support groups. Groups included clinicians from the practices as well as other lifestyle organisations locally to help people progress into community activity.

The following outcomes were recorded:

- 85% reported an increased understanding of conditions and lifestyle factors affecting their conditions
- 90% improved self-care and management of long term conditions
- 89% reported better nutrition and increased activity levels

Patients said:

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

"The Zoom group is a real lifeline for me as I can't get out and it allows me to connect with others and talk about how to manage my health".

"There are many tangible benefits to being part of the peer support groups. As a father and grandad, it is helpful to have an element of anonymity in groups where I can be a little more vulnerable and open about my health anxieties without worrying my family".

## PACT (Parents and Children Together)

Funded by the local Primary Care Network, PACT offers peer support groups, led by trained volunteers for referred families with pre-school children. The groups are run from community venues across Hastings and St Leonards, offering a range of activities to support play and language development and promotion of health messages.

PACT started in September 2022, since then 32 families have attended and 11 volunteers trained to support the groups, with 4 volunteers progressing into paid employment.

Parents/carers have said:

"Really good group, supportive and helpful".

"Helped us to access lots of other services and support".

### CHILDREN AND YOUNG PEOPLE

The effects of COVID continued to impact on local children and young people, and with pressure on statutory services, referrals to FSN services increased and became more complex with mental health being a significant aspect for the referral.

## **Dragonflies**

The Dragonflies bereavement project continues to offer a peer support and counselling service for children and young people as well as support for parents/carers with young children affected by a bereavement in the family.

During the reporting year, 166 children and young people completed groups and using the Childhood Bereavement Network evaluation tool, 95% of attendees reported increased resilience, improved communication and self-concept.

### **Case Study**

Referral for X following the death of her grandmother which had led to mental health issues and episodes of self-harm.

X was quiet and watchful during the initial session but, over time, became open to sharing feelings and showed sensitivity to others in the group.

X demonstrated an increase in self-esteem and was able to attend the school Prom, reported that they felt happier at home and more open to discuss moving onto College with the support of the school and additional transition opportunities.

Assessment scores increased significantly in ability to recognise their own feelings and not feel overwhelmed by them.

X said: "I've become more hopeful about moving on".

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### My Time

My Time offers mental health peer support and last year saw 314 children and young people attending the groups. Using the Stirling Children's Wellbeing Scale as an assessment tool, the following outcomes were reported:

- 95% had improvement in their self-confidence, self-esteem, reported an increased understanding of mental health, improvement in relationships with others and increased social engagement
- 98% reported improved communication in describing their feelings
- 93% said they were able to implement the coping strategies, felt less isolated and alone and had improved resilience and confidence
- 92% reported that they had a better understanding of emotions, anxieties and feelings
- 90% felt that had become confident to combat negative feelings
- 86% had improved social skills building and an improved understanding of self-worth

### **Bexhill Youth Project**

The project provides 2 youth sessions per week for referred secondary school aged young people in Central Bexhill and is funded by the St. Andrews Trust.

As well as providing activities, the project also gives opportunities for young people to achieve AQA certificates through developing skills related to team work, employability, fundraising and functional skills. An example of this was when a group of young people from the local Secondary Academy organised a fundraising event for Children in Need, writing letters to local businesses for prizes for a tombola. The event raised over £1000 and the young people involved gained experience in work related activity.

Between October 2022, to March 2023, 47 AQA certificates have been achieved.

From the young people accessing the Bexhill Youth Project, the following outcomes were recorded:

- 86% felt that their wellbeing had improved and that they had gained new skills and knowledge
- 70% felt they had improved in their ability to communicate in the community,
- 70% said that If they had an issue related to wellbeing, mental health or relationships, they would be confident to speak to a member of staff

## EMPLOYABILITY AND SKILLS

Adult learning opportunities continued to play a big role within FSN, and during the year, increased face to face sessions and ongoing delivery of Family Learning meant that local people were able to access a range of accredited and non-accredited learning.

During the year, FSN offered a total of 39 courses across family learning, wellbeing and accredited qualifications, with the following outcomes achieved:

- Family Learning 68 families accessing with 100% gaining confidence in the course subject
- Adult Wellbeing 128 adults accessing with 94% reporting improved wellbeing
- Accredited Learning 48 people attending with 41 qualifications achieved and 18 people moving into volunteering

Learners said:

"Great opportunity, can't believe this course was free - I have got an interview next week to work as an Individual Needs Assistant in a primary school near where I live". Level 2 Award in Supporting in School

"Patient, understanding tutor, was able to speak freely and felt listened to". Build a Better You participant

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

",,,has really enjoyed the course and has been using numbers more at home, counting more since coming. We both learned so much and loved all the different crafts, we have signed up for the next course!". Family Learning Parent: Number and Play course

### Skills and Learning in the Community (SLiC)

FSN is a member of a local group of adult learning providers, offering a range of courses for people furthest away from formal learning opportunities. The objects of SLiC are the advancement of education of the public in South East England, in particular but without limitation in the region of East Sussex.

SLiC's member organisations are cross-sector, non-profit and locally based organisations that work with disadvantaged people in the community, many of whom are the furthest away from education and employment. As part of this partnership of 6 providers, in the last year the partnership supported over 1000 learners and attracted close to £800k to the local area.

### Working to Capacity

To support the development of SLiC, FSN led a European Social Fund bid to the CHART (Connecting Hastings and Rother Together) programme on behalf of the partnership focusing on building the relationships between the organisations involved, recruiting new members, developing a learner voice and strengthening referral routes for learners. Although this project was impacted by COVID and the challenges of the eligibility criteria for learners, 370 people who accessed learning from SLiC members reported positive impact on their health and wellbeing.

N was attending a sewing course in the community when the group was visited by a member of the Working to Capacity team who talked about the CHART programme and courses on offer. N had developed an interest in children's mental health, something that was impacting on her own family. N was given information on courses that would support her interest and about the potential volunteer opportunities with FSN.

Following a meeting with the volunteer coordinator, N became a volunteer with My Time, a project supporting children and young people with mental health issues. N accessed a range of training opportunities including L1 Interpersonal Skills with ESCGH, L1 Mental Health Awareness and Alcohol Awareness, as well as safeguarding and Children and Young People Mental Health L2 course.

N has secured sessional employment with FSN as a My Time group facilitator.

The funded programme ended in December 2022, but the commitment to the partnership by members has continued. In the evaluation report, one partner said:

"The legacy of the SLiC partnership has been to model a way of working that centralizes the unique needs of each learner by supporting the building of inter-organisational pathways".

## Live, Work, Thrive

The project to support homeless or those at risk of homelessness and funded through the European Social Fund came to an end in December 2022. As part of this work, led by Hastings Borough Council and in partnership with Education Futures Trust and Sussex Community Development Association, an external evaluation was carried out and presented with the final report.

Overall, the project supported 143 individuals, many of whom were economically inactive. From these, 64% went into secure accommodation and 45% into work/training/employability support.

"I didn't know what to expect at first, I was sceptical of the council as I had a bad experience, will it just be [someone] judging me and pushing me and telling me what to do ...but I can't speak highly enough...she was relaxed, pleasant, polite and professional" Client

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Elements of this work continues in the TA Hub supporting families living in temporary accommodation.

### **Fundraising**

FSN is registered with the Fundraising Regulator and complies with regulatory standards for fundraising activity, adhering to the relevant Code of Practice. FSN did not engage any fundraising service providers in the last year. FSN continues to operate a low cost Lottery as part of our fundraising strategy for our Dragonflies bereavement project.

A complaints policy is in place which explains the procedure on how an individual can complain, along with a policy to protect vulnerable people and we received no complaints in regard to its fundraising efforts in the last year. FSN is also signed up to the Fundraising Preference Service to enable individuals to opt out from receiving fundraising communications.

### Public benefit

FSN have referred to the Charity Commission's public benefit guidance when reviewing its aims and in planning future activities to ensure it is supporting disadvantaged children, young people and families by providing funded and free activities and services.

#### STRATEGIC REPORT

### Transactions and Financial position

The Statement of Financial Activities on Page 18 shows that expenditure on Unrestricted Funds was met by income and in line with the management policy adopted by the Trustees.

## **Tangible Fixed Assets of the Charity**

The movement in fixed assets during the year is shown on Page 31.

### Reserves

The Trustees have examined the requirements for free reserves which are those unrestricted funds not invested in fixed assets.

The aim of FSN's work is for all projects to be self-funded, including an allowance for the cost of relevant core staff time. The cost of projects is monitored on a regular basis through a detailed cash flow forecast up to six months in advance.

The policy of the Trustees is to build reserves to assist towards new projects and to cover any unforeseen expenditure by means of prudent management of investment assets to ensure there is sufficient liquidity available to finance the charity's work at all times. As at 31st March 2023, the general fund (free reserves) amounted to £100,000 whilst other designated reserves amounted to £1,164,754.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### STRATEGIC REPORT

### Future plans

FSN achieved a budget surplus in the last year, however, there are outstanding external and internal building works to complete which will incur increased costs due to materials and staffing cost rises for contractors. This, along with further increases to utility costs and an ongoing commitment by the charity to the alignment to national pay scales, will have impact on the budget in the coming year.

The ongoing cost of living crisis and long term impact of the COVID pandemic play a big part in the planning for support for the next year and this, along with the increased pressures on statutory services, means that the charity has to ensure staff are well trained and supported to deal with the complexities and challenges that our children, young people and families face.

At the annual strategy day in February 2023, the Board discussed how we bring projects together under a 'core offer'. With a customer relationship management system (CRM) in place as a basis to support how we collect and collate data and track progress, the next stage is to implement the core offer.

From April 2023, the core offer for FSN will be:

- Children and Young People
- Family Support
- Health and Wellbeing
- Education and Training

The introduction of the core offer will enable the charity to review its structures ensuring the right support is in place at each level. The strategy will also move FSN from being seen as an organisation that delivers discrete projects to a more coherent and holistic organisation with a more rounded offer. This will help not only with our commissioners and funders, but with our communities.

Along with the strategic objectives, FSN continues to explore and identify ways to ensure all members of the community can access our services. A working party of the Board of Trustees and staff will continue to meet in order to achieve the goals set out in our equality and diversity action plan.

Cross sector partnership working is increasingly being seen to play an important role when planning services and FSN will continue to be a part of this at a strategic and operational level with our statutory and voluntary sector partners in the coming year.

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governance & Management

FSN reviews its aims, objectives and activities each year. The review looks at what has been achieved and the outcomes of the work in the previous 12-month period. The review also helps to ensure FSN's aims and objectives remain focused on the stated purpose.

FSN has a Board of 11 Trustees who have experience and knowledge in areas such as early years, adult learning, mental health, Governance, HR, charity accounts, equalities and safeguarding. The Board meet bi-monthly and hold an annual strategic planning day. Trustees with experience and interest also attend Sub-Committee meetings for Finance and Personnel matters. Sub-Committees have delegated authority from the Board to make decisions in support of the organisation.

### The FSN's Board members are:

- Peter Carcas Chair
- Cllr. Judy Rogers Vice-Chair
- Richard Cuff Vice-Chair
- John French Treasurer
- Rev'd Martin Harper
- Janet Wyatt
- Gary Marriott
- Roger Elias
- Geoff Longmire
- Mary Osman
- Hayley Thomas (appointed May 2022)

Management of the Charity is delegated to the Chief Executive who is also the Secretary for the Board and the staff team. FSN employs:

- 14 full time staff,
- 47 part-time staff,
- 6 sessional staff,
- 5 tutors and
- 6 Assessors.

During the year FSN received support from 46 volunteers.

### Auditors

Auditors are appointed at FSN's AGM. In 2022, the AGM was held on Monday 12th September. At the meeting, Acuity Professional Partnership were appointed as auditors. FSN's 2023 AGM will be held on Monday 18th September.

### Risk management

As part of FSN's Board of Trustees annual strategic planning day, the Chief Executive tables the Risk Management plan for discussion and approval. This reviews the major risks that the Charity may be exposed to and identifies control measures that mitigate the risks. The plan is used as a working document and reviewed and updated as necessary. Trustees are advised by auditors of any impending changes and reporting procedures.

## REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

00371615 (England and Wales)

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

### **Registered Charity number**

208446

## Registered office

St Nicholas Centre 66 London Road St Leonards on Sea East Sussex TN37 6AS

### **Trustees**

Mr M N Harper
Mrs J Wyatt
Mr P R Carcas Chairman
Mr G Marriott
Mr R Cuff Vice Chair
Cllr J Rogers Vice Chair
Dr R Elias
Mr G Longmire
Mr J French
Mrs M Osman
Ms H J Thomas (appointed 23/5/2022)

## **Company Secretary**

Ms T E Rose

## Auditors

Acuity Professional Partnership LLP Unit 2.02 High Weald House Glovers End Bexhill East Sussex TN39 5ES

### **AUDITORS**

The auditors, Acuity Professional Partnership LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Ms T E Rose - Secretary

## STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE YEAR ENDED 31 MARCH 2023

The trustees (who are also the directors of The Fellowship of St Nicholas for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

### **Opinion**

We have audited the financial statements of The Fellowship of St Nicholas (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

We have assessed the susceptibility of the entity's financial statements to material misstatement, including how fraud might occur, as low by way of enquiry, prior knowledge and current year analytical review and testing.

We have enquired with management and those charged with governance to obtain an understanding of the legal and regulatory framework applicable to the entity and, through our audit testing, our findings have confirmed that the entity is complying with the relevant frameworks.

We have enquired with management and those charged with governance to obtain an understanding of the entity's policies and procedures relating to compliance with laws and regulations. Through our testing, we have reviewed all relevant documentation and confirm that there have been no instances of non-compliance.

Through enquiry, analytical review, walkthrough testing and substantive testing we have obtained an understanding of the entity's policies and procedures on fraud risks, including knowledge of any actual, suspected or alleged fraud.

We have confirmed that the engagement team collectively had the appropriate competence and capabilities to identify or recognise non-compliance with laws and regulations and fraud.

Listed above is the extent of procedures we have taken to detect material misstatements in respect of irregularities, including fraud, to which we have found no instances.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regardingirregularities occurringdue to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

### Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

for and on behalf of Acuity Professional Partnership LLP

Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006

Aciny Professional Partership

Unit 2.02

High Weald House

Glovers End

Bexhill

East Sussex

**TN39 5ES** 

Date: 23 10 2023

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Natas	Unrestricted funds £	Restricted funds	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM	Notes	ı	£	£	I.
Donations, legacies & grants	2	34,688	496,842	531,530	316,356
Charitable activities	5				
Childcare		2.500	438,031	438,031	384,160
Family support projects		2,500	352,081	354,581	350,836
Other trading activities	3	411,081	12,555	423,636	334,896
Investment income	4	7,803	-	7,803	4,782
Total		456,072	1,299,509	1,755,581	1,391,030
EXPENDITURE ON Raising funds					
Raising donations and legacies	6	1,516	9,211	10,727	13,893
		1,516	9,211	10,727	13,893
Charitable activities	7				
Childcare		192,891	495,818	688,709	589,802
Family support projects		193,397	677,267	870,664	820,227
Total		387,804	1,182,296	1,570,100	1,423,922
Net gains/(losses) on investments		(5,865)	-	(5,865)	6,520
NET INCOME/(EXPENDITURE)		62,403	117,213	179,616	(26,372)
RECONCILIATION OF FUNDS					
Total funds brought forward		1,202,351	536,269	1,738,620	1,764,992
TOTAL FUNDS CARRIED FORWARD		1,264,754	653,482	1,918,236	1,738,620

# STATEMENT OF FINANCIAL POSITION 31 MARCH 2023

	<b>N</b> 7 4	2023	2022
DIEZED A CCEIEC	Notes	£	£
FIXED ASSETS Tangible assets	14	1,006,816	1,005,057
Investments	15	90,113	95,978
		1,096,929	1,101,035
CURRENT ASSETS			21.125
Debtors	16	24,093	31,125 34,910
Prepayments and accrued income Cash at bank and in hand		861,294	629,829
		885,387	695,864
CREDITORS		(2.4.000)	(10.070)
Amounts falling due within one year	17	(24,080)	(18,279)
NET CURRENT ASSETS		861,307	677,585
TOTAL ASSETS LESS CURRENT		1,958,236	1,778,620
LIABILITIES		1,730,230	1,770,020
CREDITORS	40	(40,000)	(40,000)
Amounts falling due after more than one year	18	(40,000)	(40,000)
NET ASSETS		1,918,236	1,738,620
FUNDS	21		
Unrestricted funds:		100 000	00.200
General fund		100,000	90,298 1,062,053
Property fund		1,064,754 50,000	50,000
Project development fund HR Reserve		50,000	50,000
HR Reserve			
		1,264,754	1,202,351
Restricted funds: Restricted		653,482	536,269
TOTAL FUNDS		1,918,236	1,738,620

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

## **STATEMENT OF FINANCIAL POSITION - continued** 31 MARCH 2023

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

Mr P R Carcas - Trustee

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

Notes	2023 £	2	2022 £
Cash flows from operating activities			
Cash generated from operations 1	266,375	(1	19,952)
Net cash provided by/(used in) operating activities	266,375	_(1	19,952)
Cash flows from investing activities			
Purchase of tangible fixed assets	(34,910)	<u>(</u> ]	12,783)
Net cash used in investing activities	(34,910)		12,783)
Change in cash and cash equivalents in		_	
the reporting period	231,465	(3	32,735)
Cash and cash equivalents at the beginning of the reporting period	629,829	66	62,564
Cash and cash equivalents at the end of			
the reporting period	861,294	62	29,829

# NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

	OPERATING ACTIVITIES		2023	2022
			£	£
	Net income/(expenditure) for the reporting period (as p	er the		
	Statement of Financial Activities)		179,616	(26,372)
	Adjustments for:			
	Depreciation charges		33,151	21,247
	Losses/(gain) on investments		5,865	(6,520)
	Decrease/(increase) in debtors		41,942	(12,018)
	Increase in creditors		5,801	3,711
	Net cash provided by/(used in) operations		266,375	(19,952)
2.	ANALYSIS OF CHANGES IN NET FUNDS	At 1.4.22 £	Cash flow	At 31.3.23
	Net cash			
	Cash at bank and in hand	629,829	231,465	861,294
		629,829	231,465	861,294
	Debt			
	Debts falling due after 1 year	(40,000)	-	(40,000)
		(40,000)		(40,000)
	m	#00.000	221 465	001.004
	Total	589,829	231,465	821,294

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

### 1. ACCOUNTING POLICIES

### BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The Fellowship of St Nicholas is a charitable company limited by guarantee registered in England and Wales.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

#### INCOME

All income resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then the income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits, then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

Gifts in kind donated for resale are included at fair value, being the expected proceeds from sale less the expected costs of sale. Where estimating the fair value is practicable upon receipt it is recognised in stock and 'income from other trading activities'. Upon sale, the value of the stock is charged against 'income from other trading activities' and the proceeds are recognised as 'income from other trading activities'. Where it is impracticable to fair value the items due to the volume of low value items they are not recognised in the financial statements until they are sold. This income is recognised within 'income from other trading activities'.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. They are not deferred over the life of the asset.

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

#### 1. ACCOUNTING POLICIES - continued

### INCOME

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

The charity receives local government grants in respect of the provision of childcare facilities. Income from local government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Investment income is earned through holding assets for investment purposes such as shares and property. It includes dividends, interest and rent. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs. it is included when the amount can be measured reliably. Interest income is recognised using the effective interest method and dividend and rent income is recognised as the charity's right to receive payment is established.

Other income includes the conversion of endowment funds into income which arises when capital funds are released to an income fund from expendable endowments or when a charity has authority to adopt a total return approach to its permanent endowment fund. It also includes other income such as gains on disposals of tangible fixed assets.

### **EXPENDITURE**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

Costs of raising funds includes expenses directly related to fund raising, such as advertising a fundraising event;

Expenditure on charitable activities includes expenses involved in the running of charitable projects, such as staff salaries; and

Other expenditure represents those items not falling into the categories above.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

### TANGIBLE FIXED ASSETS

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:-

Freehold property
St Nick's Nursery & Training Centre
St Leonards Children's Centre
Fixtures, fittings & equipment

1% straight line 1% straight line and 10% straight line 10% straight line 20% straight line

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 1. ACCOUNTING POLICIES - continued

### TANGIBLE FIXED ASSETS

Computer equipment Motor vehicles 33.33% straight line 25% straight line

A property, The Robsack Centre, is managed by the charitable company. It is leased from Hastings Borough Council, on a 30 year lease ending on 18 January 2033, in order to enable the charity to further develop the effectiveness of its charitable work.

#### **TAXATION**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

### **FUND ACCOUNTING**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds compose unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donors or which have been raised by the charity for particular purposes. The cost of rasing and administering such funds are charged against the specific fund. The aim and use of each specific fund is set out in the notes to the financial statements.

### DEBTORS AND CREDITORS RECEIVABLE/PAYABLE

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

### **CONCESSIONARY LOANS**

Concessionary loans include those payable to a third party which are interest free or below market rates and are made to advance charitable purposes. Where the loan is repayable more than one year, the loan is initially measured at fair value and the charity has adopted the policy that no provision is made for impairment or amortisation subsequently.

### **IMPAIRMENT**

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

### **EMPLOYEE BENEFITS**

When employees have rendered service to the charity, short term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

### **GOVERNMENT GRANTS**

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 1. ACCOUNTING POLICIES - continued

Grants receivable under the government's Job Retention Scheme are recognised as government grants within donations and legacies income, within the statement of financial activities when there is reasonable assurance that the entity will comply with the conditions attached to the grant and that the grant income will be received. Grant income relating to the Job Retention Scheme will be recognised in the period to which the underlying furloughed staff costs relate to and when the payroll liability has been incurred by the company. Amounts not received by the reporting date are included in other debtors.

### FIXED ASSET INVESTMENTS

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

### 2. DONATIONS, LEGACIES & GRANTS

	2 0111110110) 112 01101100 00 01111110	2022	2022
		2023	2022
		£	£
	Gifts and income from trusts	530,530	313,631
	Legacies	1,000	-
	Government grants		2,725
		531,530	316,356
	Grants received, included in the above, are as follows:		
		2023	2022
		£	£
	Other grants	-	2,725
		==	
3.	OTHER TRADING ACTIVITIES		
		2023	2022
		£	£
	Project fees and rents	384,162	303,940
	Other trading activities	39,474	30,956
		423,636	334,896

4.	INVESTMENT INCOME			
			2023	2022
			£	£
	Dividends - equities		-	225
	Interest - deposits		7,803	4,557
			7,803	4,782
				***************************************
5.	INCOME FROM CHARITABLE	E ACTIVITIES		
			2023	2022
		Activity	£	£
	Grants and contracts	Childcare	438,031	384,160
	Grants and contracts	Family support projects	<u>354,581</u>	<u>350,836</u>
			792,612	734,996
			2023	2022
			£	£
	Children In Need		35,013	29,950
	DHSE - VCSE		-	3,172
	ESCC - Children's Centre		-	8,450
	ESCC - EYEE		438,031	384,160
	ESCC		41,007	_
	HBC		73,702	100,934
	Big Lottery Fund - Dragonflies: 10	340609	62,696	62,696
	ESCC - HOA		5,983	14,244
	Big Lottery Fund - The Hub (TA) 2	20103816	104,534	81,437
	Various other		<u>31,646</u>	49,953

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

6.	RAISING DONATIONS AND LEGACIES			
			2023	2022
	Administration Costs		£ 10,727	13,893 ———
7.	CHARITABLE ACTIVITIES COSTS			
			Support	
		Direct	costs (see	
		Costs	note 8)	Totals
		£	£	£
	Childcare	655,558	33,151	688,709
	Family support projects	870,664		870,664
		1,526,222	33,151	1,559,373

### 8. SUPPORT COSTS

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of resources. Premises overheads have been allocated by a calculation based on the amount of time that an activity uses a facility and other overheads have been allocated on a staff hours basis.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 7.

### 9. **NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	33,151	21,246
Auditors' remuneration	5,340	5,040

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

## 10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

### TRUSTEES' EXPENSES

During the year no trustees received expenses (Nil in 2022).

### 11. STAFF COSTS

	2023 £	2022 £
Wages and salaries	1,009,633	976,039
	1,009,633	976,039
The average monthly number of employees during the year was as follows:		
	2023	2022
Staff	69	71
Staff	<u>69</u>	

No employees received emoluments in excess of £60,000.

Key management personnel remuneration in the year totalled £89,038 (2022 - £87,044).

## 12. EX GRATIA PAYMENTS

Redundancy payments in the year totalling £Nil (2022: Nil).

## 13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies & grants	17,958	298,398	316,356
Charitable activities			
Childcare	-	384,160	384,160
Family support projects	6,661	344,175	350,836
Other trading activities	326,023	8,873	334,896
Investment income	4,782	-	4,782
Total	355,424	1,035,606	1,391,030
EXPENDITURE ON			
Raising funds			
Raising donations and legacies	5,369	8,524	13,893
	5,369	8,524	13,893

		Unrestricted funds	Restricted funds	Total funds
	Charitable activities	£	£	£
	Childcare	152,793	437,009	589,802
	Family support projects	132,925	687,302	820,227
	Total	291,087	1,132,835	1,423,922
	Net gains on investments	6,520	-	6,520
	NET INCOME/(EXPENDITURE)	70,857	(97,229)	(26,372)
	RECONCILIATION OF FUNDS			
	Total funds brought forward	1,131,495	633,497	1,764,992
	TOTAL FUNDS CARRIED FORWARD	1,202,352	536,268	1,738,620
14.	TANGIBLE FIXED ASSETS			
			Improvements	Fixtures
		Freehold	to	and
		property £	property £	fittings £
	Cost	€	*	<b>₩</b>
	At 1 April 2022	902,360	587,983	63,468
	Additions	-	<b>-</b>	-
	At 31 March 2023	902,360	587,983	63,468
	Depreciation			
	At 1 April 2022	436,696	63,353	63,468
	Charge for year	7,050	9,671	-
		442.746		
	At 31 March 2023	443,746	73,024	63,468
		443,740	73,024	63,468
	At 31 March 2023  Net book value At 31 March 2023	458,614	514,959	63,468

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

## 14. TANGIBLE FIXED ASSETS - continued

	Motor vehicles £	Computer equipment £	Totals £
Cost			
At 1 April 2022	22,724	44,766	1,621,301
Additions	34,910	-	34,910
At 31 March 2023	57,634	44,766	1,656,211
Depreciation			
At 1 April 2022	22,724	30,003	616,244
Charge for year	8,727	7,703	33,151
At 31 March 2023	31,451	37,706	649,395
Net book value			
At 31 March 2023	26,183	7,060	1,006,816
At 31 March 2022	_	14,763	1,005,057

### The freehold property consists of:-

66 London Road, St Leonards on Sea - which is mainly used for charitable purposes but also houses administrative offices.

St Leonards Childrens Centre is situated on the grounds of 66 London Road, St Leonards on Sea. The building and adjoining play area are also used for charitable purposes.

### St Nick's Nursery & Training Centre

Nursery and training facility -

The St Nick's Nursery and Training Centre consists of a nursery and outdoor play area, adjacent to the nursery, on the grounds of 66 London Road, St Leonards on Sea. The building and play area are used solely for charitable purposes.

## Other property:-

Robsack Community Centre, St Leonards on Sea -

The charitable company also manages the Robsack Community Centre which is leased from Hastings Borough Council at no cost and is used for charitable purposes. No rent is charged by the council and a notional rent of £37,500 is charged to the SoFA. An equal amount is shown in income as a donation.

### Other fixed assets:-

Motor vehicles are used solely for charitable purposes.

Computers and office equipment are used for charitable and administrative purposes.

	FIXED ASSET INVESTMENTS		Listed investments £
	Market value		
	At 1 April 2022		95,978
	Revaluations		(5,865)
	At 31 March 2023		90,113
	Net book value		
	At 31 March 2023		90,113
	At 31 March 2022		95,978
	There were no investment assets outside the UK.		
	Cost or valuation at 31 March 2023 is represented by:		
			Listed
			investments
			£
	Market value as at 31 March 2022		95,978
	Valuation in 2023		(5,865)
			90,113
		=	
	The income, expenses, net gains and net losses attributable to the charisummarised as follows:	ty's financial	instruments ar
		2023	2022
		£	£
	Financial assets measured at fair value through net income (Gain/(Loss)	(5,865)	6,520
6.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2023	2022
		£	£
	Trade debtors	24,093	31,125

7.	CREDITORS: AMOUNTS FALLING DUI Trade creditors	WITHIN ONE	IEAN	2023 £ 18,080	<b>2022</b> £ 18,279
	Accruals and deferred income			6,000	-
				24,080	18,279
8.	CREDITORS: AMOUNTS FALLING DUI	E AFTER MORE	THAN ONE Y	EAR 2023	2022
				£	£
	Other loans (see note 19)			40,000	40,000
	Other roans (see note 19)			====	====
9.	LOANS				
	An analysis of the maturity of loans is given b	elow:			
	An analysis of the maturity of loans is given b	pelow:		2023	2022
		pelow:		2023 £	2022 £
	An analysis of the maturity of loans is given by  Amounts falling due in more than five years:	pelow:			
	Amounts falling due in more than five years:  Repayable otherwise than by instalments:	pelow:		£	£
	Amounts falling due in more than five years:	elow:			
0.	Amounts falling due in more than five years:  Repayable otherwise than by instalments:			40,000	40,000
0.	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst	FUNDS	Danksiakad	£ 40,000  2023	£ 40,000 = 2022
0.	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst	FUNDS Unrestricted	Restricted	£ 40,000  2023 Total	40,000 =
0.	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst	FUNDS Unrestricted funds	funds	£ 40,000  2023	40,000 2022 Total funds
).	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst  ANALYSIS OF NET ASSETS BETWEEN	FUNDS  Unrestricted funds £	funds £	£ 40,000  2023 Total funds £	2022 Total funds
0.	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst  ANALYSIS OF NET ASSETS BETWEEN  Fixed assets	FUNDS  Unrestricted funds £ 783,040	funds	£ 40,000  2023 Total funds	£  40,000  2022 Total funds
).	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst  ANALYSIS OF NET ASSETS BETWEEN	FUNDS  Unrestricted funds £	funds £	£  40,000  2023 Total funds £ 1,006,816	2022 Total funds £ 1,005,057
0.	Amounts falling due in more than five years:  Repayable otherwise than by instalments: Other loans more 5yrs non-inst  ANALYSIS OF NET ASSETS BETWEEN  Fixed assets Investments	FUNDS  Unrestricted funds £ 783,040 90,113	funds £ 223,776	£  40,000  2023  Total funds £  1,006,816 90,113	2022 Total funds £ 1,005,057 95,978 695,864 (18,279)
D.	Amounts falling due in more than five years: Repayable otherwise than by instalments: Other loans more 5yrs non-inst  ANALYSIS OF NET ASSETS BETWEEN  Fixed assets Investments Current assets	FUNDS  Unrestricted funds £ 783,040 90,113 455,681	funds £ 223,776	£  40,000  2023 Total funds £  1,006,816 90,113 885,387	2022 Total funds £ 1,005,057 95,978

21.	MOVEMENT IN FUNDS		Net	Transfers	
			movement	between	At
		At 1.4.22	in funds	funds	31.3.23
		£ 1.4.22	In Tunus £	£	£
	Unrestricted funds	<b></b>	<b>2</b> -	£	*
		00 200	72 000	(64.200)	100,000
	General fund	90,298	73,990	(64,288)	
	Property fund	1,062,053	(11,587)	14,288	1,064,754 50,000
	Project development fund	50,000	-	- -	
	HR Reserve		- -	50,000	50,000
		1,202,351	62,403		1,264,754
	Restricted funds				
	Restricted	536,269	117,213	-	653,482
	MOLEY MAINING	1 500 (00	150 (1)	-	1.010.006
	TOTAL FUNDS	<u>1,738,620</u>	179,616		1,918,236
	Net movement in funds, included in t	he above are as follows:			
		Incoming	Resources	Gains and	Movement
		resources	expended	losses	in funds
		£	£	£	£
	Unrestricted funds				
	General fund	456,072	(376,217)	(E D(E)	
		430,072	, , ,	(5,865)	73,990
	Property fund		(11,587)	(5,805)	73,990 (11,587)
	Property fund	456,072	, , ,	(5,865)	
	Property fund  Restricted funds		(11,587)	-	(11,587)
			(11,587)	-	(11,587)

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

## 21. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	98,900	82,682	(91,284)	90,298
Property fund	1,032,595	(11,826)	41,284	1,062,053
Project development fund	-	_	50,000	50,000
	1,131,495	70,856	-	1,202,351
Restricted funds				
Restricted	633,497	(97,228)	-	536,269
	.———			<u></u>
TOTAL FUNDS	1,764,992	(26,372)		1,738,620

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses	Movement in funds £
Unrestricted funds				
General fund	355,424	(279,262)	6,520	82,682
Property fund	-	(11,826)	-	(11,826)
	355,424	(291,088)	6,520	70,856
Restricted funds				
Restricted	1,035,606	(1,132,834)	-	(97,228)
		-	<u> </u>	
TOTAL FUNDS	1,391,030	(1,423,922)	6,520	(26,372)

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

## 21. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	98,900	156,672	(155,572)	100,000
Property fund	1,032,595	(23,413)	55,572	1,064,754
Project development fund	_	-	50,000	50,000
HR Reserve	-	·	50,000	50,000
Restricted funds	1,131,495	133,259	-	1,264,754
Restricted	633,497	19,985	-	653,482
	-			-
TOTAL FUNDS	1,764,992	153,244	-	1,918,236

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds
Unrestricted funds				
General fund	811,496	(655,479)	655	156,672
Property fund		(23,413)	-	(23,413)
Restricted funds	811,496	(678,892)	655	133,259
Restricted	2,335,115	(2,315,130)		19,985
TOTAL FUNDS	3,146,611	(2,994,022)	655	153,244

### 21. MOVEMENT IN FUNDS - continued

				Balance
	Balance			at 31
	at 1 April			March
Restricted funds	2022	Income	Expenditure	2023
PACT	-	198,734	(85,302)	113,432
Greenway Nursery	736	133,554	(134,290)	-
St Nicks Nursery	1,191	171,602	(172,793)	-
My Time	24,433	89,364	(92,312)	21,485
St Nicholas Centre	10,000	226,074	(206,074)	30,000
Robsack Centre	-	_	-	-
Silverdale Nursery	-	150,618	(150,618)	-
Dragonflies	135,692	82,407	(78,969)	139,130
Childcare Fund	794	1,000	(222)	1,572
Millennium Committee	15,486	-	-	15,486
Nursery Improvement				
Fund	188,419	_	(5,134)	183,285
Core	-	_	-	-
TA Project	45,422	125,534	(83,571)	87,385
Live Work Thrive	5,110	22,165	(27,275)	-
Working to Capacity	17,108	14,037	(31,145)	-
Youth	36,545	78,437	(67,082)	47,900
Community Learning	-	-	-	_
Capital account	45,333	-	(37,522)	7,811
Holiday Space	10,000	5,983	(9,987)	5,996
Total	536,269	1,299,509	(1,182,296)	653,482

The Dragonflies fund relates to donations received to support the ongoing sustainability of the Dragonflies project providing support to children and their families experiencing bereavement and pre bereavement.

The Childcare fund can be used to alleviate short term effects of disadvantage and poverty for families accessing FSN projects.

The Millennium Committee is a designated fund to be used to support FSN's work.

The Nursery Improvement Fund relates to capital that was raised for the nursery building in 2015, this has been reduced each year since by depreciation.

The fund balances carried forward for 'My Time', 'Working to Capacity', 'Core' and 'Capitals Accounts' are all running costs that will be spent within the 2022/23 financial year.

The designated property fund held within unrestricted funds is to be used for works required to the buildings FSN owns or lease.

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 22. EMPLOYEE BENEFIT OBLIGATIONS

Defined contribution pension plans

The charity operates a defined contribution pension plan for it's employees. The amount recognised as an expense in the year was £16,130 (2022 - £15,343).

## 23. RELATED PARTY DISCLOSURES

During the year one or more Trustees have made donations without conditions totalling £450 (2022: £200).

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations, legacies & grants Gifts and income from trusts Legacies	530,530 1,000	313,631
Government grants	531,530	316,356
Other trading activities Project fees and rents	384,162	303,940
Other trading activities	39,474 ———————————————————————————————————	30,956
Investment income Dividends - equities	- 7,803	225 4,557
Interest - deposits	7,803	4,782
Charitable activities Grants and contracts	792,612	734,996
Total incoming resources	1,755,581	1,391,030
EXPENDITURE		
Raising donations and legacies Administration Costs	10,727	13,893
Charitable activities Wages Running expenses	1,009,633 516,589	976,039 412,743
	1,526,222	1,388,782
Support costs Management		
Depreciation on property  Motor vehicles	16,721 8,727	16,721
Computer equipment	7,703	4,526
	33,151	21,247

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# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Total resources expended	1,570,100	1,423,922
Net income/(expenditure)	185,481	(32,892)

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