



Supporting children,
young people and families

**A place for families in temporary,
insecure or inappropriate
accommodation**
fsncharity.co.uk

What is The Hub?

The Hub offers a space to get support, talk through issues, enjoy games and activities and meet other families in similar situations. Sessions are term time only.

What we offer

- Free to use washing machine and tumble dryer
- Free evening meal
- Indoor & outdoor activity space
- Art & crafts activities
- School holiday sessions
- Phone support if unable to attend
- IT equipment and support available

What is it for?

The Hub aims to reduce feelings of anxiety & isolation, improve wellbeing, build resilience and reduce stigma.

Type: thehub@fsncharity.co.uk
Talk: 01424 377110 / 07923 236743
Visit: St Leonards Family Hub, Clyde Road,
TN38 0QE
Registered Charity No.208446

THE HUB HASTINGS



Registered with
**FUNDRAISING
REGULATOR**

