



Supporting children,  
young people and families

## How can we support children and young people when someone is seriously ill?

**Support:** children and young people need support from their family and friends and from significant adults.

**Information:** children and young people need to receive clear, honest and age appropriate answers to their questions.

**Routine:** children and young people need to continue with established activities and interests in order to keep at least part of their life 'normal'.

**A safe space:** children and young people benefit from having a safe space to explore their experiences.

**Enjoyment:** children and young people have the right to enjoy their lives without feeling guilty.

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For further information please contact  
Dragonflies Children and  
Young People Bereavement Project

Francesca, Manager  
Email: fhamilton@fsncharity.co.uk

Bev and Michelle, Group Workers  
Email: bjones@fsncharity.co.uk  
Email: msterrick@fsncharity.co.uk

Robsack Centre  
Bodiam Drive  
Saint Leonards-on-Sea  
East Sussex  
TN38 9TW  
Tel: 01424 855222 ext. 206

[www.facebook.com/DragonfliesatFSN](http://www.facebook.com/DragonfliesatFSN)  
Website: [www.fsncharity.co.uk](http://www.fsncharity.co.uk)

Reg. Charity number 208446



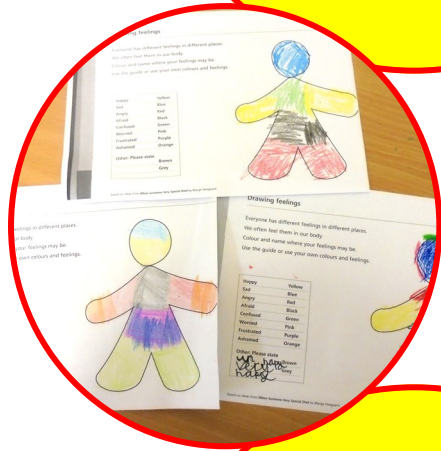
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**A free  
service supporting  
children, young  
people and  
families who are  
living with a  
serious illness**

## Who is Dragonflies for?

Children and young people aged 5—18 years and their families who are living with someone who is terminally ill



## How can I get this help?

Referrals can be made by telephone, or by completing the referral form which can be found on our website

## What do we offer?

Support for children and young people, a chance to explore their thoughts, feelings, hopes and fears through individual sessions

**Dragonflies** has worked with families since 2006 and has experience in supporting children at this vulnerable time in their lives.

**Dragonflies** can also offer support for professionals with ideas on supporting children and young people on a day to day basis, in their professional roles.

## What are the forms of support?

We offer telephone support and family support sessions at FSN St Nicks Centre

## How do we help?

We help families find a way to face their fears and talk about the future. Families can access support delivered at FSN



## Who benefits?

The whole family can share memories, thoughts and feelings around their situation and benefit from open communication